


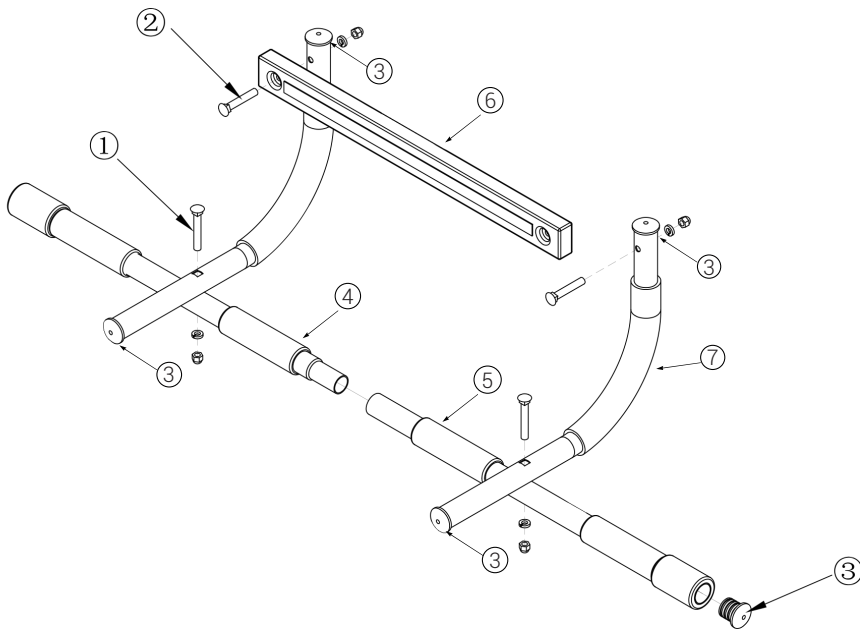


VirtuFit Multifunctional Door Gym / Pull Up Bar

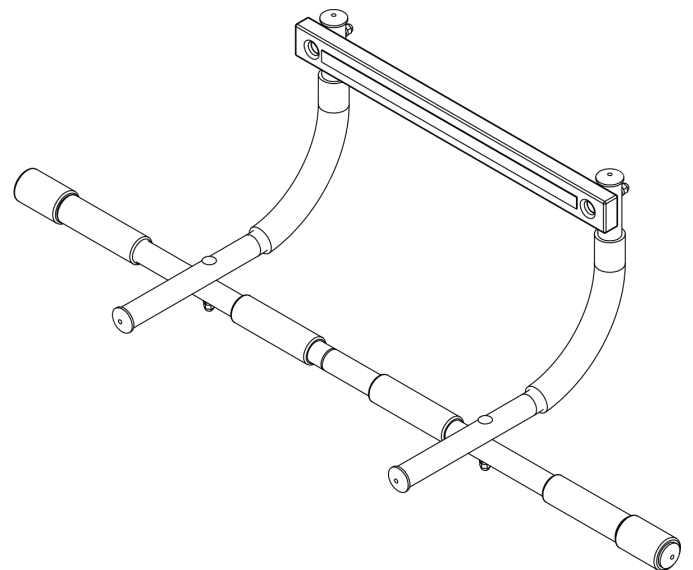
<p>① M6 x 52 bolt, nut , washer</p>  <p>x 2</p>	<p>② M6 x 48 bolt , nut, washer</p>  <p>x 2</p>	<p>③ Ø25 Tube plug</p>  <p>x 6</p>
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1. Attach the inner rod (4) into the outer rod (5). Attach the inner rod to the outer rod with two M6 X 52 mm screws, washers and lock nuts (1).
2. Attach the horizontal rod (6) to the curved rods (7) with two M6 X 48 mm screws, washers and lock nuts (2).
3. Attach the Tube plugs (3).

Installation of the door gym:

1. Place the pull-up bar in an open door.
2. Place the horizontal bar on the top of the edge of the door frame and push the horizontal bar as close as possible to the wall side of the upper edge of the door frame.



IMPORTANT: If a door is present in the door frame, the horizontal bar and the door hinges must be on the same side of the door frame.